



Lucy's Camino de Santiago de Compostela adventure 2019

I am walking across the Pyrenees from France to Spain from 28th September in aid of the UK ATTR Amyloidosis Patient's association (UKATPA) because they need urgent funds to support their patients.

The walk is over 6 days and will be approximately 60 miles – taking into account possible altitude issues and steep ascents and descents!! There are 16 of us who are currently training for this adventure.

Vince, my other half has Amyloidosis and has benefitted from supporting other patients as no support for him was available when first diagnosed or really since – except through meeting with other patients. The association has recently been set up by Vince and other patients to provide information and support to those diagnosed with this degenerative disease.

*I would be really grateful if you could support this charity by going to my Just Giving Page to make a donation (**Just Giving page is under Lucinda Nicholas**). Any amount, however small will be gratefully received.*

With many thanks

Lucy Nicholas